

ISSUE

UNAVAILABLE

Fruitgrowers Hear Disease Control; Scan Seed Supply

By Paul G. Jaeger,

Kenosha Co. Agricultural Agent Charles Thompson, R. 4, Kenosha, and Harold Proeber, Jr., Franks-ville, were re-elected to positions of president and secretary-treasurer of the Racine Fruit Growers Association at the annual meeting of the association held last Wednesday. Ben Ela, Rochester, will succeed Don Rawlins, Richmond, as vice-president.

Earl Wade, University of Wisconsin Plant Pathologist, discussed the results of 1960 research test plots for apple disease control, and pointed out that scab control spray schedule recommendations for 1961 would be essentially the same as last year.

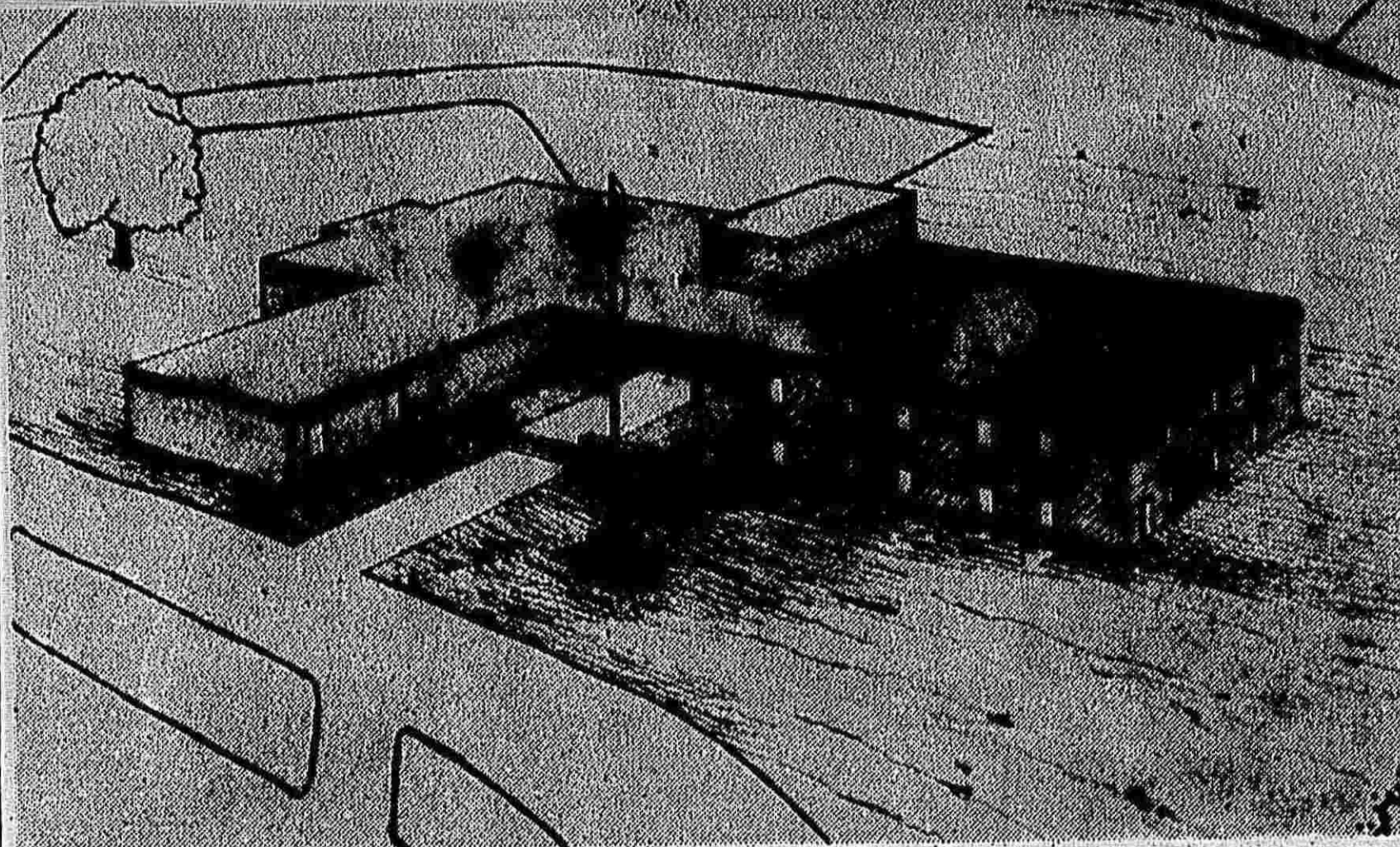
George Klingbell, University of Wisconsin Horticultural specialist, gave a thorough explanation of various rootstock materials being used to produce dwarf apple trees. Insect control materials and apple maggot control problems were discussed by University of Wisconsin entomologist, Jack Wright, soils specialist, Jack Hammes, also of the University, pointed out that it would be very helpful if each orchardist would get a soil test as the type of nitrogen fertilizer best used, is dependent on whether or not the soil is acid or alkaline.

A special meeting for seed and fertilizer dealers and sales personnel has been scheduled for next Monday, Feb. 13, according to Kenosha Agricultural Agent, Paul Jaeger, starting at 8 p.m. at Central High School at Paddock Lake.

Leo Walsh, University of Wisconsin Soils specialist, will discuss: "How does the crop rotation affect the farmers' fertilization program." He'll use the new bulletin - "Farming Southeastern Wisconsin Soils Wisely" to point out variations in the soils of the area.

Elwood Brickbauer, extension agronomist, also of the University, will discuss: "The 1961 Seed Situation." Varieties of various crops that are best adapted to the county will be discussed.

While this meeting is particularly planned for dealers since they often are in a position of helping growers make decisions, Jaeger points out that anyone interested is welcome.



ARCHITECT'S SKETCH of Countryside Hospital to be built near the intersection of Grub Hill Rd. and Grand Ave., one mile west of Lake Villa. The two-story, non-profit, 36-bed hospital will have facilities to accommodate patients from four eastern Lake County Townships. Funds are being raised by voluntary contributions.

Southern 'Sit-Ins' Aired In TV Debate

"The Legality and Morality of Sit-Ins", one of the most soul-searching problems facing the nation today, will be examined on MEETING OF MINDS, Monday, February 13 at 8 p.m. on WTTW-Channel 11.

Discussing the pros and cons of the southern negro students' fight for first class citizenship will be the Reverend William Kenealy, visiting professor of Law, Loyola University; Marc Galanter, assistant professor of Social Science, University of Chicago; and Marcus Alexis, associate professor of Marketing and Economics, DePaul University.

Moderator of the program is Harry Homewood, Midwest Bureau Chief for Newsweek magazine. MEETING OF MINDS, a weekly program series highlighting national problems of current interest, is produced by the University Broadcasting Association consisting of representatives of seven Chicago area colleges and universities.

National Library Week April 16-22

National Library Week will be observed from April 16 - 22. This marks the fourth annual nationwide observance of the reading development program, designed to increase appreciation of the vital role of the printed word in our national life, and encourage support and use of libraries of all kinds by everyone.

This year's theme "For a richer, fuller life . . . READ" unites individuals and groups in over 5,000 communities in all fifty states in a common effort geared to the needs of the local community.

National Library Week's effectiveness can be measured in impressive gains in reading of all kinds, newspaper and magazine as well as books. There have been great increases in library circulation and registration figures, as well as in citizen action to expand library support. Most significant, the week has stimulated public awareness of the observance not as an end in itself, but rather as the focus of long-range, year-round activity centered on local goals—goals to meet the needs of the total community and create a climate for intellectual growth so essential for personal fulfillment.

No Hardship In Reducing Weight With Balanced Meals

Must losing weight be an ordeal? The answer is an emphatic no.

Nutritional science points the way to a simple dietary formula which can be easily followed in the aim toward desired weight loss.

Science has disclosed that for every 500 calories omitted daily from your calorie intake, one pound a week can be lost.

For example, a woman of average height, between 30 and 40 years old and in a sedentary occupation would have a daily requirement of 2,000 calories. Therefore, if she were to get along on 1,500 calories a day, she could expect to lose a pound a week, about four pounds a month, the rate of weight reduction which most physicians feel is about right.

Kathryn Bele Niles, home economics director for the Poultry and Egg National Board, a nonprofit research and consumer information organization, has created a diet pattern which provides three well-rounded meals a day. These meals contain foods from each of the four major food groups in quantities ample to satisfy nearly all appetites.

There are good reasons why these meals feature eggs. Mrs. Niles points out that an egg supplies only 77 calories; yet, eggs make a splendid contribution to good nutrition.

Eggs furnish one of nature's most nearly perfect forms of protein so necessary in building and repairing body tissues. They also contain vitamin A, B vitamins and vitamin D—all needed for growth and health. Eggs also provide the minerals, iron and phosphorus, which are essential for healthful body functioning.

While these menus are only for one day's meals, states Mrs. Niles, the number of foods of similar caloric and nutrient values in the four basic food groups is so large that no one should have any difficulty in planning many other meals with comparable caloric and nutrient range.

After the desired weight loss is achieved, it is a simple matter to increase the quantities of certain foods, thereby increasing calories to the amount needed for maintaining the reduced weight.

300 Communities in 35 States Have Iron and Steel Plants

The iron and steel industry in the United States now consists of over 275 companies with plants located in 300 communities in 35 states, according to American Iron and Steel Institute.

About 85 of those companies make the raw steel required to produce their finished products. Most of the other companies are engaged in further rolling and drawing semfinished steel obtained from steel ingot producers. Others produce pig iron.

A common "tin can" may contain steel from a plant in one of eight states. It could have been rolled on the Pacific Coast, the Atlantic Seaboard, or in the South or Middle West. Steel for the body of an automobile probably came from one of 11 states. Numerous other states may have supplied other types of steel for other parts of the car.

Twenty or more different types of major finished steel mill products are made in six of the big steel producing states: Pennsylvania, Indiana, Illinois, Ohio, California and New York.

With steel companies competing for growing markets, the iron and steel industry has expanded in most states in the postwar era. Competition within the industry is keen. For example, about 75 companies manufacture tubular products. More than 55 companies compete in wire and wire products. About 37 companies make concrete reinforcing bars.

New TV Series Guide To Plans For Retirement

Bernard Barnett, district manager, Social Security Office, Waukegan, to day announced an important educational program series on pre-retirement planning "Time for Living - Making the Most of the Golden Years" will be shown on WTTW-TV, Channel 11, Chicago, every Wednesday, 8 to 8:30 p.m., through May 31.

The 17-week TV series was de-

veloped and produced by the Industrial Relations Center, University of Chicago; educational channel 11, WTTW-TV, and the Commission on Senior Citizens, City of Chicago. This premiere series is the first known to be produced anywhere.

The program will show the importance of early planning in life for future retirement years, and will illustrate a practical do-it-yourself technique of how to plan now, whether you are middle-aged or nearing retirement years.

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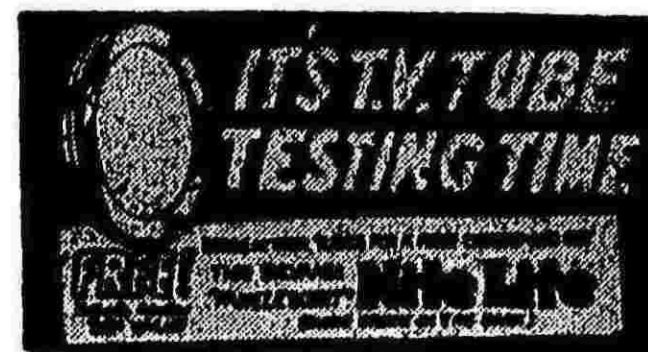
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